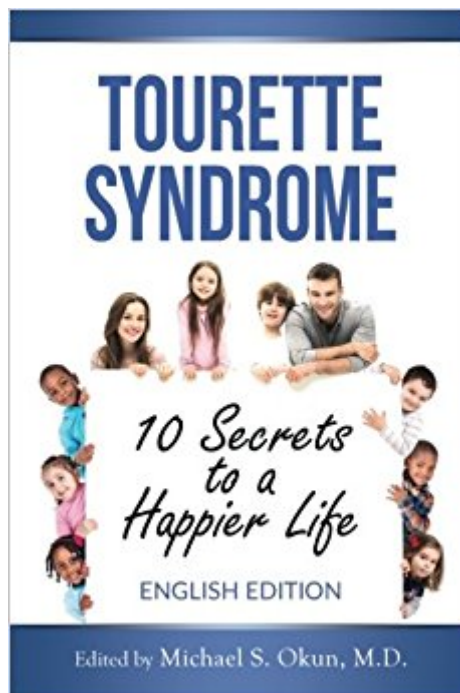




The book was found

Tourette Syndrome: 10 Secrets To A Happier Life: Tourette Treatment Tips



Synopsis

This book brings together 10 clinical and research experts in Tourette syndrome who are drawn from the Tourette Association of America Center of Excellence program. The book was co-written and edited by bestselling author Michael S. Okun, M.D. who, a leading authority in Tourette and who is known for his many books and publications on secrets to a happier life. The goal was to assemble 10 secrets to help people on their journey to a happier life with Tourette syndrome. The book is organized into a simple and easy to digest question and answer format. The book is a great read, but also an easy reference guide. The chapters are brimming with up to date and in many cases cutting edge strategies and knowledge about Tourette syndrome.

“This book offers individuals with Tourette and their families many secrets that can lead them to a better life. There are new and exciting approaches to the development of treatments for individuals with TS and other tic disorders that promise improvements in care.” - Kevin McNaught, PhD., Executive Vice President Research and Medical Programs, Tourette Association of America

“Behavior therapy changes the brain as the brain learns that tics do not result in anything useful for the person. This is an important secret for patients and families.” - Doug Woods, PhD., Professor and Dean of the Graduate School at Marquette University and Co-Chair of the Tourette Association of America Medical Advisory Committee

“Ongoing trials of several new tic drugs give us optimism that the future may be even brighter with regard to management options. Knowing when to hold off and when to pull the trigger on medication therapy in Tourette is an important secret.” - Irene Malaty, M.D., Associate Professor, University of Florida and Chief of the Southeast Regional Center of Excellence for Tourette Syndrome

“Our core philosophical belief is in patient centric care. The Tourette patient (and not the doctor) is the sun and our interdisciplinary services should orbit around them.” - Michael S. Okun, M.D., Professor and Chairman of the Department of Neurology, University of Florida and Co-Chair of the Tourette Association of America Medical Advisory Committee

Book Information

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Customer Reviews

Michael S. Okun, MD, was the author of the bestseller *Parkinson's Treatment: 10 Secrets to a Happier Life* which was translated into over 20 languages. His laboratory focuses on research underpinning Parkinson's, Tourette, and other movement disorders and he is active in the development of new treatments and devices. He was recently recognized at the White House as a Champion of Change for his work in these areas. Dr. Okun is currently Chairman of Neurology, Professor and Co-director of the Center for Movement Disorders and Neurorestoration at the University of Florida College of Medicine. The center is unique in that it is comprised of 40+ interdisciplinary faculty members from diverse areas of campus, all of whom are dedicated to care, outreach, education and research. He was instrumental in the construction of a one-stop patient-centered clinical-research experience for national and international patients seen at the University of Florida. Dr. Okun is the Co-chair of the Medical Advisory Board for the Tourette Association of America and the National Medical Director for the Parkinson's Foundation. Dr. Okun has enjoyed a prolific research career exploring Tourette syndrome and non-motor basal ganglia brain features. He is currently developing a device to identify and treat tics through a NIH funded project. He has been an integral part of some of the pioneering studies exploring the cognitive, behavioral, and mood effects of brain stimulation. Dr. Okun holds the Adelaide Lackner Professorship in Neurology and has published over 350 peer-reviewed articles. He is a poet (*Lessons From the Bedside*, 1995) and his books on Parkinson's (*Parkinson's Treatment: 10 Secrets to a Happier Life* and *10 Breakthrough Therapies in Parkinson's Disease* have both been bestsellers.

Very informative, up to date coverage of the current treatment options.

Excellent book and resource!

This book is excellent. Great content and important discussions.

This book was edited by University of Florida clinicians and scientists provide very useful information and practical guidance to Tourette syndrome patients, families, school teachers and care providers of these patients. After going through this wonderful books, patients and their family members will restore the hope to a better quality of life in homes, schools, playgrounds and enjoying parties. The book is simple and easy to read for young people as well. Definitely a must buy book to read!

This is a practical book written by experts for lay people. Nice overview!

Couldn't be better written. This book provides a unique perspective from a compassionate clinician that is hard to find elsewhere.

Thank You for writing this book and for giving us advice on where to seek help in one of the most difficult moments in our life.

Great, easy to read resource for adults with tic disorders, as well as families of those affected by Tourette syndrome.

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